

#### The Fierté Multi-Academy Trust

### School Lunch Menu

(2024 - 2025)

### About our Menus

#### Children in Reception, Year 1 and Year 2 are entitled to Universal Free School Meals.

We rotate the lunch menu each week for four weeks. After this, we return to the 'week 1' menu. In addition to the items listed, we also offer fresh salad, fresh fruit, yoghurts, cheese and biscuits at each lunchtime serving.

Allergens will be identified using the following symbols:



Gluten



Egg



Sulphates



Mustard



(N) Nuts



(SS) Sesame Seeds



(CR) Crustaceans



Molluscs





















# Week 1 of 4

		Monday	Tuesday	Wednesday	Thursday	Friday
Hot Lunch Options	Α	Homemade Chicken & Vegetable Pie <mark>(G)</mark> with Baby New Potatoes	Cheesy Pasta Spirals (G) (D) (SO) & Garlic Bread (G)	Roast Chicken Breast with Stuffing (G) & Gluten Free Gravy	Traditional Sausage (G) & Mash	Crispy Cod Fish Fingers (G) (F) with Mayonnaise
	В	Tomato & Mascarpone Pasta Spirals <mark>(G) (D)</mark> & Garlic Bread <mark>(G)</mark>	Homemade Cheddar & Broccoli Quiche (G) (E) (D)	Vegan Quorn Roast Fillet	Creamy Quorn Chicken Curry (G) (E) (D) with Rice & Naan (G)	Grilled Quorn Chicken (G)
	С	Jacket Potato with Tuna Mayonnaise <mark>(F)</mark> , Cheese <mark>(D)</mark> or Baked Beans	Jacket Potato with Tuna Mayonnaise (F), Cheese (D) or Baked Beans	Jacket Potato with Tuna Mayonnaise (F), Cheese (D) or Baked Beans	Jacket Potato with Tuna Mayonnaise (F), Cheese (D) or Baked Beans	Jacket Potato with Tuna Mayonnaise (F), Cheese (D) or Baked Beans
Our lunches are served with		Broccoli And Sweetcorn	Baby New Potatoes, Garden Peas and Sweetcorn	Baby New Potatoes, Carrot Rounds and Shredded Green Cabbage	Green Beans and Baby Carrots	Chunky Chips, Peas and Broccoli
	Dessert	Homemade Funfetti Shortbread <mark>(G)</mark> & Milk <mark>(D)</mark>	Homemade Marble Cake (G) (E)	Apple Crumble (G) with Custard (D)	Homemade Oaty Cookie (G) & Milk (D)	Homemade Rainbow Iced Sponge (G) (E)





















## Week 2 of 4

		Monday	Tuesday	Wednesday	Thursday	Friday
Hot Lunch Options	А	Creamy Chicken Curry (CY) (G) (D) (SO) with Fluffy Rice & Naan Bread(G)	Mac N Cheese (D) (G) (SO) & Garlic Bread (G)	Roast Turkey Breast with Stuffing (G) and Gluten Free Gravy	Margharita Garlic Bread Pizza (G) (D) with Baby New Potatoes	Crispy Cod Goujons (G) (F) & Ketchup
	В	Mild Vegetarian Chilli & Rice	Roast Vegan Quorn Fillet with Baby New Potatoes	Vegan Tomato & Basil Spaghetti & Meatballs (G) (SO) & Garlic Bread (G)	Cheesy Pasta Spirals (G) (D) (SO) & Garlic Bread (G)	Creamy Quorn Chicken Korma (G) (E) (D) with Rice & Naan (G)
	С	Jacket Potato with Tuna Mayonnaise <mark>(F)</mark> , Cheese <mark>(D)</mark> or Baked Beans	Jacket Potato with Tuna Mayonnaise (F), Cheese (D) or Baked Beans	Jacket Potato with Tuna Mayonnaise (F), Cheese (D) or Baked Beans	Jacket Potato with Tuna Mayonnaise (F), Cheese (D) or Baked Beans	Jacket Potato with Tuna Mayonnaise (F), Cheese (D) or Baked Beans
are	lunches served ith	Green Beans and Broccoli	Peas and Sweetcorn	Mashed Potatoes, Carrot Rounds and Garden Peas	Carrot Rounds and Peas	Chunky Chips, Peas and Sweetcorn
	Dessert	Homemade Funfetti Shortbread <mark>(G)</mark> & Milk <mark>(D)</mark>	Homemade Traditional Flapjack <mark>(G)</mark> & Milk <mark>(D)</mark>	Homemade Lemon & Coconut Cake (G) (E) (S) & Custard (D)	Sultana Scone (G) (E) (D) with Strawberry Jam & Whipped Cream (D)	Frozen Raspberry Yoghurt (D) & Wafer (G) (SO)





















## Week 3 of 4

		Monday	Tuesday	Wednesday	Thursday	Friday
Hot Lunch Options	Α	Creamy Chicken Korma (CY) (G) (D) (SO) with Fluffy Rice & Naan Bread (G)	Homemade Beef Bolognaise & Pasta Spirals (G) & Garlic Bread (D)	Roast Chicken Breast with Stuffing (G) & Gluten Free Gravy	Traditional Sausage (G) & Mash	Crispy Cod Fish Fingers  (G) (F) with Lemon  Mayonnaise Dip
	В	Tomato Spaghetti & Vegan Meatballs <mark>(G) (SO)</mark>	Homemade Cheddar & Red Onion Quiche with New Potatoes (G) (E) (D)	Vegan Quorn Roast Fillet	Vegan Sausage <mark>(G)</mark> & Mash	Cheesy Pasta Spirals (G) (D) (SO) & Garlic Bread (G)
	С	Jacket Potato with Tuna Mayonnaise <mark>(F)</mark> , Cheese <mark>(D)</mark> or Baked Beans	Jacket Potato with Tuna Mayonnaise (F), Cheese (D) or Baked Beans	Jacket Potato with Tuna Mayonnaise (F), Cheese (D) or Baked Beans	Jacket Potato with Tuna Mayonnaise (F), Cheese (D) or Baked Beans	Jacket Potato with Tuna Mayonnaise (F), Cheese (D) or Baked Beans
are s	unches served th	Green Beans and Broccoli	Broccoli and Sweetcorn	Creamed Potatoes, Carrot Rounds and Green Beans	Baby Carrots and Green Beans	Chunky Chips, Peas and Sweetcorn
	Dessert	Homemade Traditional Flapjack <mark>(G)</mark> & Milk <mark>(D)</mark>	Homemade Funfetti Cake	Homemade Pineapple Upside Down Cake (G) (E) (S) & Custard (D)	Vegan Strawberry Jelly & Whipped Cream (D)	Homemade Traditional Shortbread Squares (G) & Milk (D)





















# Week 4 of 4

		Monday	Tuesday	Wednesday	Thursday	Friday
Hot Lunch Options	Α	Homemade Spaghetti Bolognaise <mark>(G)</mark> & Garlic Bread <mark>(G)</mark>	Homemade Margharita Pizza (G) (D) with Baby New Potatoes	Roast Turkey Breast with Stuffing (G) & Gluten Free Gravy	Grilled All Day Brunch (G) (E) (D) (S) (SO)	Crispy Cod Goujons (G) (F) & Lemon Mayo Dip
	В	Creamy Quorn Curry <mark>(G)</mark> (CY) (D) with Fluffy Rice & Naan Bread <mark>(G)</mark>	Mac N Cheese (D) (G) (SO) & Garlic Bread (G)	Vegan Quorn Fillet <mark>(G)</mark>	Tomato & Basil Spaghetti & Vegan Meatballs (G) (SO)	Grilled Quorn Chicken (G)
	С	Jacket Potato with Tuna Mayonnaise <mark>(F)</mark> , Cheese <mark>(D)</mark> or Baked Beans	Jacket Potato with Tuna Mayonnaise (F), Cheese (D) or Baked Beans	Jacket Potato with Tuna Mayonnaise (F), Cheese (D) or Baked Beans	Jacket Potato with Tuna Mayonnaise (F), Cheese (D) or Baked Beans	Jacket Potato with Tuna Mayonnaise (F), Cheese (D) or Baked Beans
are s	unches served th	Broccoli and Green Beans	Peas and Green Beans	Roast Potatoes, Broccoli and Carrot Rounds	Peas and Green Beans (excluding option A)	Chunky Chips, Carrot Rounds and Peas
	Dessert	Homemade Melting Moment Squares <mark>(G) (E)</mark> & Milk <mark>(D)</mark>	Homemade Coconut Lime Cake (G) (E) (S)	Homemade Carrot Cake (G) (E) & Custard (D)	Frozen Red Berry Yoghurt (D) & Wafer (G) (SO)	Homemade Vegan Strawberry Trifle <mark>(D)</mark>





















### 2024-2025 Menu Rotations









Menu	Week Beginning
1	2nd September
2	9th September
3	16th September
4	23rd September
1	30th September
2	7th October
3	14th October
4	21st October
School Holiday	28th October
2	4th November
3	11th November
4	18th November
1	25th November
2	2nd December
3	9th December
4	16th December
School Holiday	23rd December
3	30th December
4	6th January
1	13th January
	20th January
2	27th January
3 4	3rd February
4	10th February

Menu	Week Beginning
School Holiday	17th February
2	24th February
3	3rd March
4	10th March
1	17th March
2	24th March
3	31st March
4	7th April
School Holiday	14th April
School Hollday	21st April
3	28th April
4	5th May
1	12th May
2	19th May
School Holiday	26th May
4	2nd June
1	9th June
2	16th June
3	23rd June
4	30th June
1	7th July
2	14th July
School Holiday	21st July























